

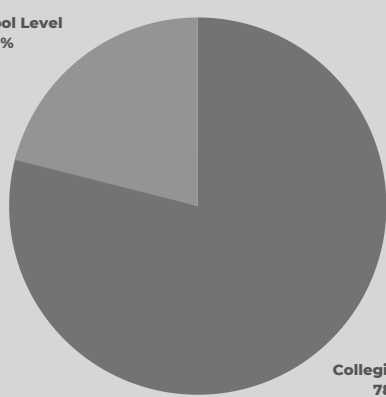
FLUID INTAKE

Survey Infographic

Assessing the **knowledge, behavior, & attitude** of soccer players.

Respondents Total: 38

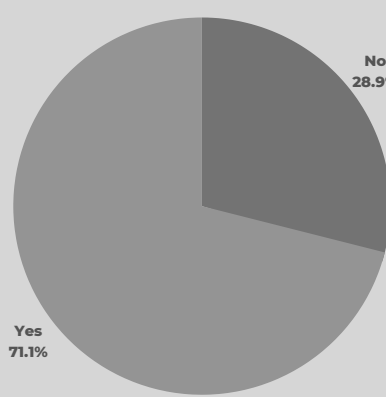
Highschool Level
21.1%



Collegiate Level
78.9%

Current level of play

No
28.9%

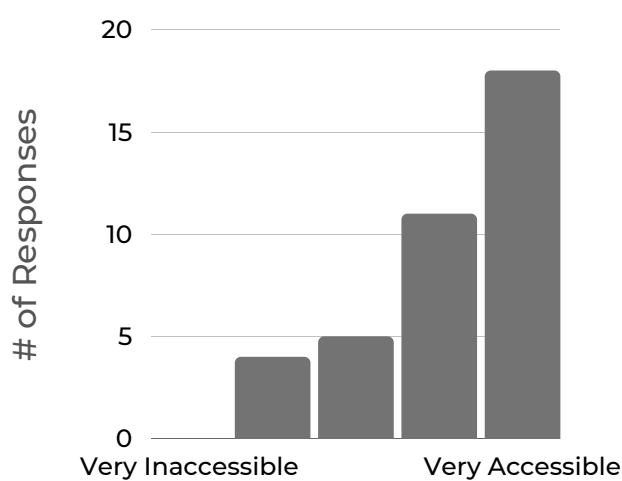


Yes
71.1%

Any prior knowledge on hydration

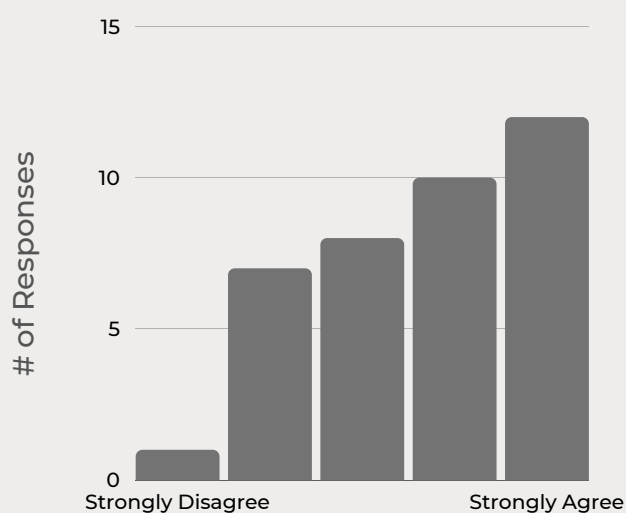
Behavior Based Questions

How accessible are fluids to you during a game/practice?



Attitude Based Questions

To what extent do you agree with the following statement:



I drink enough fluids during game/practice..

Insights



High accessibility to fluids correlated to players believing they were properly hydrated.